



About the 6th Grade Initiative

The transition into adolescents is one of the most dynamic and influential periods of development. The move from elementary to middle school is a big change. Sports become more competitive, peer relationships become more complex, and teens are trying to figure out who they are and how they fit in. It is also a time when youth are given more freedom to choose how they spend their free time and who they spend it with.

Studies show that youth who build strong connections with at least one positive adult role model develop a strong sense of belonging and achievement which helps them grow into more successful adults. It is also shown that the habits created during these developmental years are more likely to continue to grow with them.

The YMCA of the Northwoods wants to support and encourage youth to make good decisions and form healthy habits that lead to a healthy lifestyle.

The 6th Grade Initiative membership program provides opportunities for fitness and sports as well as time for youth to socialize with peers in a safe, supervised and fun environment. The YMCA is committed to nurturing the potential of every child and teen.

Why 6GI at the Y?

Have fun and make memories

Access a variety of activities including open swim and open gym

Discover a sense of belonging

Learn and apply our core values of honesty, caring, respect and responsibility

Grow and learn in a safe, fun and secure environment

Gain independence and a sense of responsibility

Develop lasting peer relationship and discover new interests

Learn leadership and other important life skills.

HOW TO GET STARTED

1. Fill out the 6GI membership application form with a parent or guardian
2. Bring School Id, schedule, or 5th grade report card to the Welcome Center with the completed application or turn in to school office
3. Sign up for your membership orientation (membership only activities after orientation is completed)
4. Attend orientation, ask questions, get to know about the Y
5. Have your photo taken and receive your scan card: don't forget its \$5 if you need to replace it
6. Start enjoying your YMCA membership, take a swim, shoot some hoops, sign up for a wellness orientation, its up to you!

ymcaofthenorthwoods.org



6GI Member Benefits

- Teen Nights
- Wellness Orientations
- Program T-Shirt
- Dodgeball Tournaments
- Kickball Leagues/Tournaments
- 6th Grade Socials
- Family Events
- Clubs and Programs
- Healthy Kids Day
- Open Gym
- Open Swim
- Member Pricing on Programs
- Teen Lounge Access
- Service Learning Engagement
- Have Your Voice Heard
- Leadership Opportunities
- After School Snack
- Meeting Friends, Making Memories and So Much More



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FOR MORE INFORMATION CONTACT:

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HEALTHY CONNECTED KIDS

**FREE Y
MEMBERSHIP**

for Northwoods Community
6th Graders

6th Grade Initiative (6GI)

