

## **GYM SCHEDULE - Spring- 2025**

YMCA OF THE NORTHWOODS: April 21-June 8th

## Updated 4/11/2025

This schedule is subject to change. If there is no scheduled program or reservation the gym is open to use.

The Y has the right to make changes to the schedule at anytime and move any program into the Gym at anytime.

ſ	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday			
	WEST	EAST	WEST	EAST	WEST	EAST	WEST	EAST	WEST	EAST	WEST	EAST		
ĺ	6:00AM	6:00AM	6:00AM	6:00AM	6:00AM	6:00AM	6:00AM	6:00AM	6:00AM	6:00AM	8:00AM	8:00AM		
								7.00 434	ŀ					
								7:00 AM HIIT						
								11111						
								8:00AM						
٠	8:00AM	8:00AM			8:00AM	8:00AM	1		8:00AM	8:00AM				
	Coed Open				Coed Open	Coed Open			Coed Open	Coed Open				
:	Basketball	Basketball			Basketball	Basketball			Basketball	Basketabll				
)												9:00AM		
												Youth		
	10.00.43.5	10.00.43.5			10.00.43.4	10.00.43.5			10.00.434	10.00.43.5		Soccer		
}	10:00 AM	10:00 AM			10:00 AM	10:00 AM	10:00 AM		10:00 AM	10:00 AM				
١.							Head					11:00AM		
							Waters					11.00/11/1		
							11:00 AM						Sun	day
													WEST	EAST
													1:00PM	1:00PM
ŀ	12 0 0 D) I		12 0 0 D M				12 0 0 DV 4		12.00 DN 4					
	12:00PM Golf		12:00PM Golf				12:00 PM Golf		12:00PM Golf		2.00DM	2:00PM		
	Net		Net		1:30 PM		Net		Net		2:00PM	2:00PM		
	2:00PM		2:00PM		Head		2:00PM		2:00PM					
ı	2.001 W		2.0011		Waters		2.001 141		2.001 141					3:00PM
					3:00PM									
														Youth
														Volleyball
										3:30PM			5.00DM	5:00PM
										Youth			3:00PM	3:00PM
								3:45PM		Floor	٠	CHOOL OUT	DAVE COL	,
										Hockey	1			
	4:00PM					4:00PM		Youth		4:30PM	1	school is can		
		Youth				BET		Basketball			1	will be used		
		Kickball				Program						:00AM for So		
		5:00				5.2001.5		5.2001.5				all will be red		
						5:30PM		5:30PM	ł		1	GYM when t		
										SOD da	ates are: Apr		16,	
ŀ	6:00PM	6:00PM						6:00PM		6:00PM	and Jun 6th.			
	Adult	Adult					6:00PM	6:00PM	1	6:00PM				
	Volleyball	Volleyball					Adult	Adult				The After School Program will take		
	League	-					Basketball			Teen	priority of the West Gym (3PM-			
	S						League	League		Night	4::	15PM) pendi	ing weathe	er.
Į	8:00PM	8:00PM	8:00PM	8:00PM	8:00PM	8:00PM	8:00PM	8:00PM	8:00PM	8:00PM				