

POOL SCHEDULE

Multiple activities are often scheduled in the pool at the same time.

Swimming Tips

To avoid accidents, when entering an occupied lane, please get the swimmer’s attention that you are there.

Directions

If there are 1 or 2 swimmers in a lane, they may split the lane in half. The entrance of a 3rd person changes the lane to “circle” swimming format.

Speed

Please choose a lane with swimmers that closely match your speed.

Waterslide

No waterslide at this time. (Must be 48” or taller to ride. Weight limit: 250 lbs.)

School Out Day Swim

On School Out Days, OPEN SWIM will be closed from 12:00–1:00pm. Dates: March 11th, 13th, 15th, 28th and 29th

POOL SCHEDULE - Spring Break March 11th- 17th

Monday		Tuesday		Wednesday		Thursday		Friday	
Open Swim	Lap Swim	Open Swim	Lap Swim	Open Swim	Lap Swim	Open Swim	Lap Swim	Open Swim	Lap Swim
6:00AM Water Walking	6:00AM Lap Swim Lanes (4)	6:00AM Water Walking	6:00AM Lap Swim Lanes (4)	6:00AM Water Walking	6:00AM Lap Swim Lanes (4)	6:00AM Water Walking	6:00AM Lap Swim Lanes (4)	6:00AM Water Walking	6:00AM Lap Swim Lanes (4)
8:00AM  Water Exercise Classes No Open Swim	8:00AM Lap Swim Lanes (2)			8:00AM Water Exercise Classes No Open Swim	8:00AM Lap Swim Lanes (2)			8:00AM Water Exercise Classes No Open Swim	8:00AM Lap Swim Lanes (2)
		10:00AM Water Exercise Classes No Open Swim	10:00AM Lap Swim Lanes (2)	10:00AM Headwaters Swim Time	10:00AM Lap Swim Lanes (3)	10:00AM Swim Lessons Water Walking Only	10:00AM Lap Swim Lanes (3)	10:00AM Open Swim	10:00AM Lap Swim Lanes (4)
11:00AM Swim Lessons Water Walking	11:00AM Lap Swim Lanes (3)	11:00Am Gentle Water Exercise Class No Open Swim	11:00AM Lap Swim Lanes (3)	11:00AM Open Swim	11:00AM Lap Swim Lanes (4)	11:00AM Gentle Water Exercise Class No Open Swim	11:00AM Lap Swim Lanes (3)		
12:00PM School Out Swim No Open Swim	12:00PM Lap Swim Lanes (3)	12:00PM Open Swim	12:00PM Lap Swim Lanes (4)	12:00PM School Out Swim No Open Swim	12:00PM Lap Swim Lanes (3)	12:00PM Open Swim	12:00PM Lap Swim Lanes (4)	12:00PM School Out Swim No Open Swim	12:00PM Lap Swim Lanes (3)
1:00PM Open Swim	1:00PM Lap Swim Lanes (4)	1:00PM  Pool and Whirlpool Closed 1:00-3:30PM		1:00PM Open Swim	1:00PM Lap Swim Lanes (4)	1:00PM  Pool and Whirlpool Closed 1:00-3:30PM		1:00PM  Pool and Whirlpool Closed 1:00-3:30PM	
				3:00PM Swim Lessons Water Walking Only	3:00PM Lap Swim Lanes (3)				
3:45PM Swim Lessons Water Walking Only	3:45PM Lap Swim Lanes (3)	3:30PM Swim Lessons Water Walking Only	3:30PM Lap Swim Lanes (3)	5:00PM Water Exercise Classes No Open Swim	5:00PM Lap Swim Lanes (2)	3:30PM Swim Lessons Water Walking Only	3:30PM Lap Swim Lanes (3)	3:30PM Open Swim	3:30PM Lap Swim Lanes (4)
		5:30PM Water Exercise Classes No Open Swim	5:30PM Lap Swim Lanes (2)			5:30PM Water Exercise Classes No Open Swim	5:30PM Lap Swim Lanes (2)		
6:00PM Open Swim	6:00PM Lap Swim Lanes (4)	6:30PM Open Swim	6:30PM Lap Swim Lanes (4)	6:00PM Open Swim	6:00PM Lap Swim Lanes (4)	6:30PM Open Swim	6:30PM Lap Swim Lanes (4)	6:30PM	6:30PM Lap swim Lanes (2)
7:30PM	7:30PM	7:30PM	7:30PM			7:30PM	7:30PM	7:30PM	7:30PM



Saturday		Sunday
Open Swim	Lap Swim	Pool and Whirlpool Closed
8:00AM Water Walking Only	8:00AM Lap Swim Lanes (4)	
11:00AM Family Swim	11:00AM Lap Swim Lanes (3)	
1:30PM	1:30PM	

**\*\*This schedule is subject to change to fit needs, with little or no notice\*\***

Updated: 3/4/2024

NOW HIRING LIFEGUARDS

We would love to offer more pool hours; unfortunately, due to national lifeguard shortages, we've had to cut back our hours. Contact Kaylee, Aquatics Director, for more information. E: [kdasher@ymcanw.org](mailto:kdasher@ymcanw.org) P: (715) 362-9622 ext 121

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