## POOL SCHEDULE

Multiple activities are often scheduled in the pool at the same time.

## Swimming Tips

To avoid accidents, when entering an occupied lane, please get the swimmer's attention that you are there.

#### Directions

If there are 1 or 2 swimmers in a lane, they may split the lane in half. The entrance of a 3rd person changes the lane to "circle" swimming format.

# Speed

Please choose a lane with swimmers that closely match your speed.

#### Waterslide

No waterslide at this time. (Must be 48" or taller to ride. Weight limit: 250 lbs.)

# School Out Day Swim

On School Out Days, OPEN SWIM will be closed from 12:00-1:00pm. Dates: March 11th, 13th, 15th, 28th and 29th

# POOL SCHEDULE - Spring Break March 11th-17th

Monday		Tuesday		Wednesday		Thursday		Friday	
Open Swim	Lap Swim	Open Swim	Lap Swim	Open Swim	Lap Swim	Open Swim	Lap Swim	Open Swim	Lap Swim
6:00AM	6:00AM	6:00AM	6:00AM	6:00AM	6:00AM	6:00AM	6:00AM	6:00AM	6:00AM
Water Walking	Lap Swim	Water   Walking	Lap Swim	Water Walking	Lap Swim	Water   Walking	Lap Swim	Water   Walking	Lap Swim
Walking	Lanes (4)	Walking	Lanes (4)	Waiking	Lanes (4)	Walking	Lanes (4)	Walking	Lanes (4)
8:00AM	8:00AM			8:00AM	8:00AM	-		8:00AM	8:00AM
	Lap Swim			Water	Lap Swim			Water	Lap Swim
	Lanes (2)			Exercise	Lanes (2)			Exercise	Lanes (2)
Water				Classes				Classes	
Exercise Classes		10:00AM	10:00AM	No Open Swim 10:00AM	10:00AM	10:00AM	10:00AM	No Open Swim	10:00AM
No Open Swim		Water	Lap Swim	10.0074141	Lap Swim	Swim	Lap Swim	10:00AM Open Swim	Lap Swim
С решения		Exercise	Lanes (2)	Headwaters	Lanes (3)	Lessons	Lanes (3)		Lanes (4)
		Classes		Swim Time		Water Walking			
11.00.444	11 00 1 14	No Open Swim	11 00 114	11.00.414	11 00 1 14	Only	11 00 114		
11:00AM	11:00AM	11:00Am	11:00AM	11:00AM Open Swim	11:00AM	11:00AM	11:00AM		
Swim Lessons Water Walking	Lap Swim Lanes (3)	Gentle Water Exercise Class	Lap Swim Lanes (3)	Open Swiiii	Lap Swim Lanes (4)	Gentle Water Exercise Class	Lap Swim Lanes (3)		
water warking	Lalles (5)	No Open Swim	Lailes (5)		Lailes (4)	No Open Swim	Lailes (5)		
12:00PM	12:00PM	12:00PM	12:00PM	12:00PM	12:00PM	12:00PM	12:00PM	12:00PM	12:00PM
School Out	Lap Swim	Open Swim	Lap Swim	School Out	Lap Swim	Open Swim	Lap Swim	School Out	Lap Swim
Swim	Lanes (3)		Lanes (4)	Swim	Lanes (3)		Lanes (4)	Swim	Lanes (3)
No Open Swim				No Open Swim				No Open Swim	
1:00PM	1:00PM	1:00PM		1:00PM	1:00PM	1:00PM		1:00PM	
Open Swim	Lap Swim			Open Swim	Lap Swim				
	Lanes (4)	Pool and	Whirlpool		Lanes (4)	anes (4) Pool and Wh		Pool and Whirlpool	
			0-3:30PM	2.00014	2.00014		0-3:30PM		0-3:30PM
				<b>3:00PM</b> Swim Lessons	3:00PM				
		3:30PM	3:30PM	Water	Lap Swim Lanes (3)	3:30PM	3:30PM	3:30PM	3:30PM
		Swim Lessons	Lap Swim	Walking	Lunes (5)	Swim Lessons	Lap Swim	Open Swim	Lap Swim
3:45PM	3:45PM	Water	Lanes (3)	Only		Water	Lanes (3)		Lanes (4)
Swim Lessons	Lap Swim	Walking		E OODA		Walking			
Water	Lanes (3)	Only		5:00PM	5:00PM	Only			
Walking Only				Water	Lap Swim				
Only		5:30PM	5:30PM	Exercise Classes	Lanes (2)	5:30PM	5:30PM	1	
		Water	Lap Swim	No Open Swim		Water	Lap Swim		
		Exercise	Lanes (2)	6:00PM	6:00PM	Exercise	Lanes (2)		
6:00PM	6:00PM	Classes		Open Swim	Lap Swim	Classes			
Open Swim	Lap Swim	No Open Swim	C 20044		Lanes (4)	No Open Swim	C 2004	C 20044	C 2004
	Lanes (4)	6:30PM Open Swim	6:30PM			6:30PM Open Swim	6:30PM Lap Swim	6:30PM	6:30PM Lap swim
			Lap Swim Lanes (4)				Lanes (4)		Lap swiii Lanes (2)
7:30PM	7:30PM	7:30PM	7:30PM	7:30PM	7:30PM	7:30PM	7:30PM	7:30PM	7:30PM
		•				•		•	

### NOW HIRING LIFEGUARDS

We would love to offer more pool hours; unfortunately, due to national lifeguard shortages, we've had to cut back our hours. Contact Kaylee, Aquatics Director, for more information. E: kdasher@ymcanw.org P: (715) 362-9622 ext 121



Satu	Sunday		
Open Swim	Lap Swim	Pooland	
8:00AM	8:00AM	Whirlpool	
Water	Lap Swim	•	
Walking	Lanes (4)	Closed	
Only			
11:00AM	11:00AM		
Family	_		
Swim	Lap Swim Lanes (3)		
SWIII	Laries (5)		
1:30PM	1:30PM		

\*\*This schedule is subject to change to fit needs, with little or no notice\*\*

3/4/2024 Updated:

## YMCA OF THE NORTHWOODS

2003 E. Winnebago Street Rhinelander, WI 54501 **P** 715.362.9622 **F** 715.362.9623 www.ymcaofthenorthwoods.org