

# Weekly Themes

## Real Life Heroes

Every day we interact with real superheroes without even knowing. This week campers will learn about the different real superheroes that are around them. We will discuss and define what it means to be a real superhero, talk about these heroes, and decide the type of hero we want to be to others in our lives.

## Masters of Destruction

During this week we will be building structures just to get to tear them down! We'll use concepts such as engineering, mass, and weight as we test our structures and our destruction skills. The week will end in a massive fort building with a water balloon contest challenge.

## Ahoy Matey!

Sail the seas and release your inner pirate. Battle a deep sea monster, create your own pirate emblem and test your skills as a captain throughout this week of activities. We'll even incorporate a pirate dress up day and practice our pirate speech. Argh Matey!

## Are you Smarter than a Camp Counselor?

The name of this week speaks for itself. Test your skills and challenge your counselors all week long. Riddles, brain teasers, scavenger hunts, team building challenges, and more will put our campers and counselors to the test. Are you ready for the challenge?

## H2Whoah!

Splash into a week PACKED with water games, water arts and crafts, and water play. Be sure to bring extra changes of clothes, swimsuits, and towels because this week will be filled with tons of water fun!

## Holiday Bonanza

Christmas in July? Trick or treating during August? An Egg Hunt in the pool!? Covering ourselves in colors like India's Holi Festival? Building our own paper lanterns like China's Moon Festival? These are just some examples of the crazy ways we will learn about some Holidays during this jam packed, fun filled week of celebration.

## Y Olympics

This week each group will compete against each other through minute to win in games, group challenges and practicing our four core values of Caring, Honesty, Respect and Responsibility. Keep track of where your group is at through our Camp Point Board.

## Mess Fest

At home, getting messy is rough. At Camp, it's just part of the day! We're celebrating all of the best ways to make a mess! Muddy GaGa, Messy science, messy relay races, and finally getting messy with soap and water at our annual Camp Car Wash! Be sure to pack extra clothes throughout the week.

## Lights, Camera, Action

At Camp, every camper is a star! And this week we are putting the spotlight on them. Not only will they showcase their own talents in a talent show, but we'll also participate in skits, improv, music and dance. Don't be surprised if your camper comes home saying "Lights, camera, action" before singing you an awesome camp song!

## Spirit Week

At the Y, your camper belongs to a community. And spirit week, is the week we are celebrating our sense of belonging. We'll be focusing on our four core values, what helps each other feel belonged and how we support our community together. All while also dressing up in fun clothes all week and playing our favorite games.

## Lost in Space

Reach beyond your potential during this week of space exploration! Work on setting goals, discovering new skills, and learning the science of astronomy. Don't worry if you get lost, you're fellow campers will be right there with you. At camp it's cool to push your limits and reach for the stars.

## Chillin Like a Villian

Each day we have the opportunity to choose our own adventures. This week will not only have tons of our favorite characters it'll also explore the choices we get to make. Will we choose to be the hero or villain in our own stories? Work on finding the positive in ourselves and each other. Become the person you want to be.

## Ninja Warriors

Do you have what it takes to become a Ninja Warrior? Study your craft through strength trails, balancing tests and agility challenges. Test your ninja skills through daily workouts, and obstacle courses.



# SUMMER 2023