POOL SCHEDULE

Updated 5/24/22 Multiple activities are often scheduled in this pool at the same time. **Swimming Tips** To avoid accidents, when entering an occupied lane, please get the swimmer's attention that you are there. Please get kickboards, pull buoys, and etc. before entering the pool. Directions If there are 1 or 2 swimmers in a lane, they may elect to split the lane in half. The entrance of a 3rd person changes the lane to "circle" swimming format. Speed Please choose a lane

with swimmers that closely match your speed.

Lap Lanes

(# - #) indicates how many lap lanes are available for lap swim.

Waterslide

No waterslide at this time.

Aspirus Rehab

Open Swim, Lap Swim, and Whirlpool use is not permitted during this time.

Summer Camp Swim Mondays, Tuesdays & Thursdays: 12:00PM - 2:30PM No open swim during



POOL SCHEDULE - 4th of July Break Week

YMCA OF THE NORTHWOODS: July 4 - 10, 2022

7:00PM

7:00PM

7:00PM

7:00PM

7:00PM

S	Monday 7/4	/4 Tuesday 7/5		Wednesday 7/6		Thursday 7/7		Friday 7/8			
	Open Swim Lap Swim	Open Swim	Lap Swim	Open Swim	Lap Swim	Open Swim	Lap Swim	Open Swim	Lap Swim		
	Hanny 4th	6:00AM	6:00AM	6:00AM	6:00AM	6:00AM	6:00AM	6:00AM	6:00AM		
	Happy 4th	Open Swim	Lap Swim	Open Swim	Lap Swim	Open Swim	Lap Swim	Open Swim	Lap Swim		
	of July -		Lanes (3-4)		Lanes (3-4)		Lanes (3-4)		Lanes (3-4)		
		0.00414	0.00414	0.00444	0.00414	0.00414	0.00444	0.00414	0.00414	Cotundoy 7/	Cundou 7/10
	CLOSED	8:00AM 8:00AM	8:00AM 8:00AM	8:00AM 8:00AM	8:00AM 8:00AM	8:00AM 8:00AM	8:00AM 8:00AM	8:00AM 8:00AM	8:00AM 8:00AM	Saturday 7/9	
				8:00Alvi Water	Lap Swim			Water	Lap Swim	Open Swim Lap Sw 8:00AM 8:00Al	
		Aspirus Rehab Pool & Whirlpool Closed		Exercise	Lap Swiiii Lanes (1-2)		us Rehab Whirlpool	Exercise	Lap Swilli Lanes (1-2)	Open Swim Lap Sw	
				Classes	Edites (1 2)	Closed		Classes	Laries (1 2)	Lanes (3	11V10/1 0103Cd
		10:00AM	10:00AM	10:00AM	10:00AM	10:00AM	10:00AM	9:00AM	10:00AM	Edilos (o	on Sundays
		10:00AM	10:00AM	10:00AM	10:00AM	10:00AM	10:00AM	9:00AM	12:30PM		31. 3 31. 3 3. 3
		Aqua Zumba	Lap Swim	Open Swim	Lap Swim	Open Swim	Lap Swim	Open Swim	Lap Swim		
		Class	Lanes (1-2)	·	Lanes (3-4)		Lanes (3-4)	·	Lanes (3-4)		
		11:00AM				11:00AM	11:00AM				
		11:00AM				11:00AM	11:00AM				
		Gentle Water				Gentle Water	Lap Swim			11:30AM 11:30AI	M
		Exercise Class	3			Exercise Class	Lanes (1-2)				
		12:00PM				12:00PM					
		Open Swim	12:30PM			Open Swim	12:30PM				
		12:30PM	12:30PM			12:30PM	12:30PM				
		Summer	Lap Swim			Summer	Lap Swim				
		Camp	Lanes (2-3)	1.00014	1.00014	Camp	Lanes (2-3)				
		Swim		1:00PM	1:00PM	Swim					
				1:00PM 1:00PM Aspirus Rehab							
		2:00PM 2:00PM		Pool & Whirlpool		2:00PM	2:00PM				
		2:00PM	2:00PM		losed	2:00PM	2:00PM				
		Open Swim	Lap Swim	2:30PM	2:30PM	Open Swim	Lap Swim				
		-	Lanes (3-4)	2:30PM	2:30PM		Lanes (3-4)				
			, ,	Open Swim	Lap Swim		, ,				
				·	Lanes (3-4)						
										YMCA OF	THE NORTHWOODS
			5:30PM	5:30PM	5:30PM		5:30PM				Winnebago Street
			5:30PM	5:30PM	5:30PM		5:30PM				-
			Lap Swim	Vater Exercise	Lap Swim		Lap Swim	/ 00511	(000)		ander, WI 54501
		4.20DN4	Lanes (1-2)	Class	Lanes (1-2)	(.20DM	Lanes (1-2)	6:00PM	6:00PM		9622 F 715.362.9623
		6:30PM 6:30PM	6:30PM 6:30PM	6:30PM 6:30PM	6:30PM 6:30PM	6:30PM 6:30PM	6:30PM 6:30PM	I		www.ymca	ofthenorthwoods.org
		Open Swim	Lap Swim	Open Swim	6:30PM Lap Swim	Open Swim	6:30PM Lap Swim				
		Oben Swilli	Lap Swilli Lanes (3-4)	open swilli	Lap Swiiii Lanes (3-4)	Open Swill	Lap Swilli Lanes (3-4)				
	I		Lailes (3-4)		Lailes (3-4)		Laries (3-4)				