

Updated 5/6/2021



POOL SCHEDULE - Summer 1

YMCA OF THE NORTHWOODS

Effective 6/7/2021

**SHOWER WITH
SOAP & WATER
PRIOR TO ENTERING
POOL**

**3 PEOPLE PER LAP
LANE (must reside in
same household)**

**RESERVATIONS
REQUIRED FOR LAP
SWIM, WATER
WALKING & FAMILY
SWIM**

WATER WALKING
Available in Slide Well.
2 Member maximum.
Must maintain Social
Distancing at all times.

**WATERSLIDE
CURRENTLY CLOSED**

Whirlpool:
Max 4 patrons.

Sauna:
Max 2 patrons.

[illegible]



FOR YOUTH DEVELOPMENT[®]
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

“Come On In! The Water’s Fine!”

YMCA of the Northwoods Pool Guidelines

****Shower required before entering pool/whirlpool****

Family Pool

Average Water Temperature: 82.5 degrees F

Pool Length: 25 yards; 66 lengths = 1 mile

Pool Depth in Lap Lane Area: 3 ½ to 5 feet (NO Diving!)

Depth in Mushroom Area: 2 to 3 ½ feet

A lifeguard is always on duty for your safety.

Whirlpool

Average Water Temperature: 102 degrees F

Adults age 18 and older may use the Whirlpool. Underage use of the Whirlpool is prohibited. 4 person max per 15 minutes.

Open Swim

Family Swim is held in the Mushroom Area. Reservations are required, one household per reservation. Reservations are 1 hour.

Lap Swimming

5 lanes open during Lap Swim. Reservations required. Max 3 people per lane, must be from same household. Lap Swimming is unavailable during Rehab, Water Exercise, Camp Swim and Field Trips.

Water Exercise

Reservations required. Max 18 participants per class. There is no Open Swim, Lap Swim or Whirlpool use during Water Exercise. See Group Fitness Schedule for more information.

Waterslide

Currently unavailable.

Ascension Rehabilitation

The pool is CLOSED for Rehab on Wednesdays from 1:00pm–2:30pm, and Tuesdays & Thursdays from 8:00am–10:00am. There is NO Open Swim, Lap Swim or Whirlpool use during these times.



Pool Age Policy

Ages 5 and under (and non-swimmers) must have an adult *within arm's reach and actively engaging* with them at all times.

Ages 6 and 7 require a parent in the pool.

Ages 8 and 9 may be unattended for up to 2 hours with a parent at the Y – *swim test is required prior to swimming*.

Ages 10 and 11 may be unattended for up to 2 hours, parent does not need to be at the Y – *swim test is required*.

Ages 12 and up adult rules apply.