



Gymnastic Studio Open Gym Expectations

- The gymnastics studio is used at your own risk. The YMCA of the Northwoods is not liable for any injuries that occur during this time.
- All times must be reserved ahead of time through stopping by or calling the welcome center, 715-362-9622.
- No Shoes may be worn by kids or adults inside the room, please use the cubbies inside the gymnastics studio.
- Please wash your hands before and after entering the studio.
- Please eat any food or snacks in the pool viewing hallway not in the gymnastics studio.
- All participants must be supervised by a parent or guardian at all times. Guardians must be 18 yrs. or older.
- The room is used at your own risk, but please understand your own abilities do not try skill that require a spotter without a qualified spotter present.
- All equipment/mats must be wiped or sprayed after use.
- Any private lessons must be run through Y Staff only.