



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# THE Y FOR A BETTER US

The Y knows that success starts young so the values and skills learned early on are vital building blocks for life. That's why we're advocates for helping children through all phases of their development.

Y field trips teach fundamentals and instill in children the importance of a healthy, active lifestyle.



**For more information  
about field trips contact:**

**Matt Steingraber  
Aquatics, Youth & Family  
Director**

2003 E Winnebago Street  
Rhineland, WI 54501  
P: 715.362.9622 ext. 120

[www.ymcaofthenorthwoods.org](http://www.ymcaofthenorthwoods.org)



## Grow Play Learn

Field Trips  
YMCA OF THE NORTHWOODS





## LEARNING CAN HAPPEN ANYWHERE

A field trip to the YMCA is a great opportunity to learn and grow. We offer a variety of options for an unforgettable YMCA field trip.

Field trips are available year round from 8:00am-3:00pm.

### Basic Field Trip Package

The basic field trip package includes the option to use:

- Gymnasium
- Multipurpose Room
- Outdoor Space
- Y Equipment (toys, sports equipment, etc.)

**Cost:** \$5 per participant

### Pool Add-Ons

To add to the YMCA experience the option of pool usage is available.

For an additional \$30 per hour (up to 50 participants), open swim in the YMCA pool is available including:

- Open swim with the mushroom
- Lifeguard(s)
- Pool Toys
- Pool Lift (for participants with disabilities)

**For safety reasons, all participants will be swim tested.**

We also offer additional pool add-ons including:

- Waterslide for \$15 per hour
- Logrolling with an instructor for \$30 per hour



**Chaperones and teachers are FREE!**

### Y-Led Programs Add-On

YMCA staff-led programs are a fun way to develop new skills and grow as a community.

Staff-led activities include:

- Gym Games
- Bounce House
- Archery
- Tumbling
- Power Beats
- Zumba
- Volleyball
- Other—we are willing to work with you on any ideas you have!

**Cost:** \$30 per hour