RESERVATIONS
REQUIRED FOR
WALKING LANES
AND GYM TIMES

MASKS REQUIRED IF OVER THE AGE OF 5

TWO FAMILY LIMIT PER GYM TIME SLOT

GYM EQUIPMENT MUST BE BROUGHT AS NO GYM EQUIPMENT IS AVAILIBLE AT THIS TIME

UPDATE:

10/12/2020

Monday		Tuesday		Wednesday		Thursday		Friday		
WEST	EAST	WEST	EAST	WEST	EAST	WEST	EAST	WEST	EAST	
5:00AM	5:00AM	5:00AM	5:00AM	5:00AM	5:00AM	5:00AM	5:00AM	5:00AM	5:00AM	
PICKELBALL	PICKELBALL	PICKELBALL	PICKELBALL	PICKELBALL	PICKELBALL	PICKELBALL	PICKELBALL	PICKELBALL	PICKELBALL	
7:15AM	7:15AM	7:15AM	7:15AM	7:15AM	7:15AM	7:15AM	7:15AM	7:15AM	7:15AM	
7:25am	7:30	7:25am	7:30	7:25am	7:30	7:25am	7:30	7:25am	7:30	
	GROUP EX CLUB MOVES		GROUP EX STRETCHING	WALKING LANES / GYM TIME	GROUP EX CLUB MOVES	WALKING	GROUP EX STRETCHING		GROUP EX CLUB MOVES	W
	8:30AM		8:30AM	8:25am	8:30AM	LANES /	8:30AM		8:30AM	LA
				8:30AM SCHOOL AGE		GYM TIME				GY
WALKING	9:00AM GROUP EX	WALKING	9:00AM GROUP EX	9:30AM	9:00AM GROUP EX	9:35AM	9:00AM GROUP EX	WALKING	9:00AM GROUP EX	9
LANES /	HIIT	LANES /	HIIT		GLUTES & GUTS		HIIT	LANES /	CYCLING	
SYM TIME	10:00AM	GYM TIME	10:00AM	9:40AM	10:00AM	10:00AM PRE-SCHOOL	10:00AM	GYM TIME	10:00AM	
	10:30AM		10:30AM		10:30AM	10:30AM 10:35AM	10:30AM		10:10AM	VC
	GROUP EX SENIOR		GROUP EX			WALKING LANES /	GROUP EX		GYM TIME	VC
	FIT		S.S. CLASSIC		FIT	GYM TIME	S.S. CARDIO		GTM TIME	
11:45am	11:30AM	11:45am	11:30AM	WALKING	11:30AM	11:35AM	11:30AM	11:45am	11:50AM	
12:00PM	12:00PM	12:00PM	12:00PM	LANES / GYM TIME	11:40AM	12:00PM	12:00PM	12:00PM	12:00PM	1
				GTM TIME	GYM TIME					
PICKELBALL	PICKELBALL	PICKELBALL	PICKELBALL		12:40PM	PICKELBALL	PICKELBALL	PICKELBALL	PICKELBALL	
					1:15PM Y PE					
2.1504	2.1504	2.1504	2.1504	2 2004	2:00PM	2.1504	2.1504	2.1504	2.1504	
2:15PM	2:15PM	2:15PM	2:15PM	2:20PM	2:10PM	2:15PM	2:15PM	2:15PM	2:15PM	
2:25pm /ALKING LANES /	2:25pm	2:25pm WALKING LANES /	2:25pm	2:30PM		2:25pm WALKING LANES /	2:20pm	2:25pm WALKING LANES /	2:25PM	
GYM TIME		GYM TIME		SCHOOL AGE		GYM TIME	GYM TIME	GYM TIME		
3:05pm	GYM TIME	3:05pm		3:30PM		3:05pm		3:05pm		
3:15PM		3:15PM	GYM TIME		GYM TIME	3:15PM	3:30PM	3:15PM		
SCHOOL AGE	3:25pm	SCHOOL AGE		3:40PM		SCHOOL AGE	3:45PM	SCHOOL AGE		
4:15PM	4:00pm	4:15PM				4:15PM		4:15PM		
4:25pm	YOUTH ARCHERY	4:25pm				4:25pm	Youth Basketball	4:25pm		
·	5:00PM	•	5:05PM		5:05PM	·			GYM TIME	
	5:30PM		5:30PM	WALKING	5:30PM		5:45PM			
	GROUP EX		GROUP EX	LANES /	GROUP EX					
WALKING	STRONG NATION	WALKING	ZUMBA	GYM TIME	Cycling	WALKING	6:00PM HS & ADULT	WALKING		
LANES / GYM TIME	6:30PM	LANES / GYM TIME	6:30PM		6:30PM	LANES / GYM TIME	ARCHERY	LANES / GYM TIME		
GIN HIME	6:45pm	GIM HIME	6:45pm		6:45pm	GIM HIME	7:00PM	GIN HINE		
	GYM TIME		GYM TIME		GYM TIME		7:15pm			
							GYM TIME			
9:00PM	9:00PM	9:00PM	9:00PM	9:00PM	9:00PM	9:00PM	9:00PM	9:00PM	9:00PM	

Saturday

EAST

8:00AM

GROUP EX

HIIT

9:00AM

9:15AM

YOUTH

VOLLEYBALL

12:00PM